

Office Hours

Updated: 7/29/2017

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Typical Coverage				12:30-2:30	6:00-7:30		

Since these are only the typical hours and because the office is staffed by volunteers, **you are encouraged to call before visiting the office to avoid a wasted trip - (401) 781-0044.**

Office Volunteers Needed

Last Updated: 7/26/2017

We want to increase the open hours of the Area Office and the frequency with which our voicemail is checked during off hours. Having the office open as much as possible and promptly returning calls is an important way to carry the Al-Anon message.

To increase our office hours and thereby enhance our ability to carry the Al-Anon message, we need more area volunteers. The area office is at 106 Rolfe Square, Cranston above "Ruth's Lingerie". The tasks involved in volunteering at the office are simple and do not require any exceptional qualifications. If you prefer not to, or are unable to work in the office, you can still be a big help by being a "Hotline Volunteer". As a "Hotline Volunteer" all you do is call into our voicemail and retrieve the messages - typically 1-3 messages per day. Then you return the calls as indicated or pass them on to the appropriate person.

Working at the Area Office or being a "Hotline Volunteer" is an excellent opportunity to do service by sharing your experience, strength, and hope. Remember, service is an important part of recovery - "you have to give it away to keep it".

To talk to someone about becoming a volunteer and to explore whether it's a good fit for you, please call the area office - (401) 781-0044 - and leave a message.

Please consider volunteering, it is a great way to grow in recovery!