

Lifelines

The Newsletter of the RI AFG January, 2012

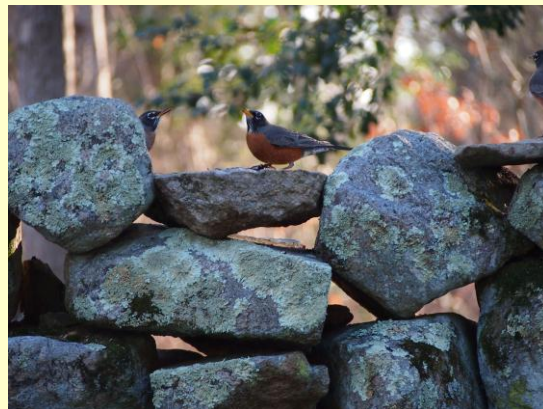
**The next Area meeting will be
Saturday, January 28, 2012 10AM
– 12PM at the Area Office.**

* A copy of the full minutes for this—and every—Area meeting and Assembly are available to all at the Area office

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- ▲ Our local, Area 49 Web site <http://www.riafg.org>
- ▲ The Al-Anon Members' Web site <http://www.al-anon.alateen.org/members>
- ▲ Podcasts <http://al-anonfamilygroups.org/Podcasts/FirstSteps/>
- ▲ Online meetings and outreach <http://www.ola-is.org>
- ▲ Public Al-anon/Al-ateen site <http://www.al-anon.alateen.org>

Inside This Issue

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Learning from the old year, living in the New Year, sticking with our Program and program friends, young or old is a blessing.

New Al-Anon Meeting

Tuesday night at the Middletown Police Station (front door, first floor, Community Room), 123 Valley Road in Middletown at 7:30 p.m. beginning November 29, 2011. It is an hour-long and is wheelchair accessible.

Meeting Day Changed

The "Cranston Step Study Women's Only Group" at Edgewood Congregational Church has changed their meeting day from Thursday to Wednesday. Time is the same - 7:00-8:30 p.m.

Meeting Closed

Monday daytime meeting at St. Theresa's Catholic Church in Tiverton has closed effective immediately.

Tuesday night Alateen meeting at the Coventry Senior Citizen's Center will be closed during the school year. It will reopen in June 2012.

Wednesday night meeting at the Essex Apartments in North Kingstown has closed effective immediately.

New Alateen Meeting

Wednesday night at the Four Corners Community Chapel, 200 Angell Rd. (corner of Angell and Diamond Hill Rd.) in Cumberland at 7:00 p.m. There is an Al-Anon meeting at this location at the same time.

Meetings Need Support

The following meetings are struggling and could use support. Please consider attending an extra meeting or two as a form of service.

Monday morning "Living Recovery" in Coventry at Sts. John and Paul's Church, 10 a.m.

Monday night Greenville AFG meeting in Greenville at St. Thomas Church, 6:30 p.m.

Tuesday night "How You Get Serenity" meeting (gay & lesbian group) in Pawtucket at Park Place Congregational Church, 7:30 p.m.

Wednesday evening "Serenity by the Bay" in Warren at Warren Town Hall, 7:30 p.m.



Report from District 4

As the newly elected DR for District 4, I want to begin by thanking Denise G. for her wonderful leadership as our past DR. Not only did she ensure that we held regular district meetings, our district also co-sponsored a workshop on Conflict Resolution with District 3 and hosted the June 2011 Area Assembly. As the GR for my home group, Forever Hope, and as Alternate DR, I was honored to work with Denise on these projects.

As District 4 DR, I am looking forward to meeting all of the GRs and attending the various meetings in my district. District 4 includes the following towns: Coventry, Cranston, East Greenwich, Foster, Johnston, Scituate, West Greenwich, West Warwick, and Warwick. If you are a continuing or a new GR for an Al-Anon or Alateen meeting in one of these towns, please send me an email at district.rep4@cox.net. I will be contacting all of the District 4 GRs in the near future to set up a time and place for our first District 4 meeting for 2012.

Phyllis H.

Serenity Through Service: A 2011 RIAFG Workshop Reflection

For those who weren't able to make it, the 2011 RIAFG Workshop "Healing in Humor" was a real blast! There were clown wigs, crafts, superhero capes, party hats, balloons, streamers, thespians, delicious treats, loud laughs--and a plethora of experience, strength, and hope. After months of planning and preparing with a phenomenal crew of trusted servants (a.k.a. the Workshop Committee), it was incredibly rewarding to see everything come together. It's truly a gift to be able to practice the tools of the program through Al-Anon Service and feel the power of recovery at work.

I am grateful to the many committee members, volunteers, and workshop participants for giving me the opportunity to experience the joys of service, and for showing me Al-Anon's Fourth Concept of Service (Participation is the key to harmony) in action. I never would have imagined before Al-Anon that event planning could result in serenity! But thanks to all the members who have shared their recovery and showed me another way, I had the opportunity to try something new and trust that HP would take care of the results. And did S/He ever! Thank you RIAFG for making this year's workshop so super!

I hope you will consider sharing in the joy of service for the 2012 RIAFG Workshop. If you are interested in chairing or co-chairing the Workshop Committee, please feel free to contact me at riafgworkshop@gmail.com and I will be happy to answer any questions you may have. It works if you work it, so work it 'cause you're worth it!

Love in Service,

Ashley B.

2011 RIAFG Workshop Committee Chair

Some Last Minute News:

YOU are invited to the 14th anniversary meeting which will be held on 2/11/12 in Barrington @ **St. James Lutheran Church.**

Tuesday Morning Cranston/Warwick Day AFG is having its 28th Anniversary on February 14th, from 10:00-11:30 am, at Edgewood Congregational Church at 1788 Broad St. in Cranston. Join us for speakers, raffles, food, and fellowship!

FOREVER HOPE is celebrating its 24th Anniversary and Lois W's Birthday, Sunday March 4, at 10:00 AM. Please join us – West Greenwich Town Hall, 280 Victory Highway, Route 102, West Greenwich, RI

Connecticut AFG Convention

Friday - Sunday, March 30 - April 1, 2012

Crowne Plaza Hotel, 100 Berlin Rd.

Cromwell, CT 06416

Please welcome the incoming panel of Area Trusted Servants for the next 3 years. 2012-2014

Area Delegate - Denise G

Area Chair - Barbara M

Area Treasurer – Nancy

Alateen Coordinator - Rose B

Email Coordinator - Steve C

Group Records Coordinator - Denise C

Lifelines Editor - Linda

Office Coordinator - Rebecca H

Website Coordinator - Ashley B

Alternate Delegate - VACANT

Area Secretary - Suzanne

AA Liaison - Barbara H

Archives Coordinator - VACANT

Forum Coordinator - Rose M

Literature Coordinator - Deb E

Public Outreach Coordinator - Maura D

District Representatives -

~ District 1: David G

~ District 2: TBD

~ District 3: TBD

~ District 4: Phyllis H

~ District 5: TBD

After many years of alcoholic drinking my son now has 10 years of sobriety. I was in program 10 years before I got my miracle. I don't think I'd have survived those 10 years to see this miracle happen without Al-Anon. He and his 2 sisters have reconnected and we had a stress free and loving Christmas. I continue to attend meetings because I feel I owe it my life. Thank you God. From Anonymous

RI Al-Anon Family Groups Area Office/Literature Distribution Center (LDC)

106 Rolfe Street, Cranston, RI 02910

Hours: Please call the office

Phone/Fax: 401-781-0044

E-mail: RI_Al-Anon@hotmail.com

Lifelines e-subscription: destre99@yahoo.com (type "Mailing List" in the subject line)

Web: www.RIAFG.org

An area newsletter is a vital link in keeping groups and members informed. The purposes of *Lifelines* are to: encourage attendance at service events; communicate local, area, and Al-Anon Information Service news; and attract Al-Anon members into service.

If you are interested in serving as *Lifelines* Editor, or serving on the committee, please call the office at the number listed above. If you would like more information about the tasks and time commitment involved, you may contact Linda F at lin2169@cox.net 401-855-6009 (it's safe to leave a message).