



Meeting List

Rhode Island Area Al-Anon

Updated 02/14/26



Key to Symbols

12 = Step Study Group	AI = Simultaneous AI-Anon meeting	At = Simultaneous Alateen meeting	CI = Closed: Members & prospective members only
HB = Hybrid	LT = Literature meeting	NC = Offers a Newcomers Meeting	NS = Needs Support
OL = Online only	Sp = Spanish Speaking Group	WC = Wheelchair access	

Zoom Instructions	Online: Click the link or paste it into a browser & enter info as prompted.
	Via Phone: Call 1-929-205-6099 & enter info as prompted.
	PC = Passcode

SUNDAY	Symbol	Group	Location
10:00 AM	HB NC WC	AI-Anon Forever Hope (2-039006)	West Greenwich - Town Hall , 280 Victory Hwy. (Rte. 102) Link: us02web.zoom.us/j/84013128987?pwd=amp2ZTR5UXAzSW5KOGtEQkl4VEx0Zz09 Zoom ID: 840 1312 8987 PC: 764 812
10:00 AM	OL	Change What You Can (1-37296)	Link: us04web.zoom.us/j/5478061057 Zoom ID: 5478061057 PC: love
10:45 AM	WC	Serenity on the Hill (1-502037)	N. Smithfield - Villa at St Antoine , 400 Mendon Rd. Enter side door & go to Community room
6:00 PM	At AI	Serenity On Sunday (3-30720349) You Are Not Alone Alateen (3-30868172)	Middletown - YANA Clubhouse , 770 Aquidneck Ave.
7:00 PM		Sunday Evening AI-Anon (1-026403)	Providence - First Unitarian Church , 1 Benevolent St. (Benevolent & Benefit)
7:00 PM	Sp	Un Dia a la Vez (1-012436)	Providence - Anchor Recovery , 310 Reservoir Ave
MONDAY	Symbol	Group	Location
9:30 AM	HB WC	Monday Morning AI-Anon (3-030119)	Portsmouth - St. Mary's Episcopal , 324 East Main Rd. (Rte. 138) Link: us04web.zoom.us/j/4011212121 Zoom ID: 4011212121 PC: 1212
5:30 PM	NC WC See Note >	Keep it Simple (KIS) (1-040461)	Woonsocket - North RI Mental Health Center , 55 John Cummings Way Enter door on Social Street Suspended until Spring
6:00 PM	WC	Live & Let Live Group (3-502810)	Jamestown - St. Matthew's Episcopal Church , 87 Narragansett Avenue Jamestown
7:00 PM		Self-Discovery AI-Anon (2-035711)	West Warwick - Emanuel Lutheran Church , 9 New London Ave. (rear building)
7:30 PM	12 WC	Step Up to the Summit (2-501752)	Coventry - Summit Baptist Church , 1176 Victory Hwy (North of Jct. 117 & 102)
7:30 PM	HB WC	There Is Hope AFG (3-050750)	Tiverton - Amicable Congregational Church , 3736 Main Rd. (Rte. 77) Teams ID: 938 022 723 8370 PC: RG2kK9
7:30 PM	CI WC	Wakefield Just for Today (2-012473)	Wakefield - Wakefield Baptist Church , 236 Main St. (Fellowship Hall – Use back entrance) (Handicap – Use side entrance facing street)
TUESDAY	Symbol	Group	Location
10:00 AM	HB	AI-Anon Works, if You Work it (2-30634662)	E. Greenwich - St Luke's Episcopal Church , 99 Pierce St. (Room 5 on 1 st Floor) Conference Call: 605-313-5844 Code: 762943
12:00 PM	WC	Courage to Change (2-30839322)	Westerly - Christ Church Episcopal , 7 Elm St (St Stevens Room on 2 nd Floor) For Handicap Access: Use Elm St parking & call Kath at 914-588-1923
12:00 PM	OL CI NS	Higher Powered Lunch Bunch (1-045173)	Link: us02web.zoom.us/j/86424696624?pwd=MGpqWWdxSIVZb0RubXY5SUxxc2EyZz09 Zoom ID: 864 2469 6624 PC: 232886
4:30 PM		Hope For Today AFG (3-0872609)	Warwick - Craik Building , 2845 Post Rd.
6:30 PM		How AI-Anon Works (3-30590094)	Middletown - YANA Clubhouse , 770 Aquidneck Ave.
7:00 PM	HB	Charlestown New Life (2-012437)	Charlestown - Cross Mills 1st Baptist , 4403 Old Post Rd. (Route 1A) Link: zoom.us/j/7410351630?pwd=MG9CSDMvVnc3RytJZDNUVE1YNNW5CQT09 Zoom ID: 741 035 1630 PC: RQ9MhT
7:00 PM	WC NC	New Beginning AFG (2-025797)	E. Greenwich - St Luke's Episcopal Church , 99 Pierce St (Pierce & Church Sts.)
7:30 PM	OL	How You Get Serenity (1-62815)	Link: us06web.zoom.us/j/89466949228 Zoom ID: 894 6694 9228 PC: serenity
7:30 PM	OL	Our Daily Bread (3-012435)	Link: us02web.zoom.us/j/83773521300?pwd=NmRqbDdNUWV6YTJKKzFIVTZzdmxuzZ09#success Zoom ID: 83773521300 PC: 713404

All meetings are open to all Al-Anon members and prospective members.

Only registered groups are listed; to register a group or edit its info, contact the Area Office.

Alanon.riafg@gmail.com, (401) 781-0044, 106 Rolfe Street, Cranston, RI 02910, www.riafg.org

Meeting List

WEDNESDAY	Symbol	Group	Location
9:00 AM		Serenity at Sunrise (2-30626885)	Warwick – Saints Rose and Clement Church , 111 Long St. Left side, rear of church, downstairs.
12:00 PM		Butterflies Are Free (2-063170)	Kingston - Kingston Congregational , 2610 Kingstown Rd. (Rt 138) (Enter from back parking lot, go through kitchen to Fireplace Room)
4:30 PM		Serenity by the Sea AFG (2-30826298)	Block Island - Harbor Baptist Church , 21 Water St. (Enter rear of Church, Meeting in parlor on 1st floor)
7:00 PM	OL LT	Courage and Hope AFG (2-30643844)	Link: us02web.zoom.us/j/956125730?pwd=Z2xqT1h6RXVMb2hrRkxRVU1HZ1R0UT09 Zoom ID: 956 125 730 PC: alanon
7:00 PM		Let Go & Let God (1-040689)	Cumberland - St. Aidan's Church , 1460 Diamond Hill Rd. (Park in back, use rear door)
7:00 PM		Serenity by the Bay (3-30552297)	Warren - Warren Town Hall , 514 Main Street (Use Joyce St. entrance)
7:00 PM	OL	The Gratitude Group (2-30790807)	Link: app.zoom.us/jc/3374010285/join?fromPWA=1 Zoom ID: 337 401 0285 PC: Courage
7:00 PM	Sp	Un Dia a la Vez (1-012436)	Providence - Anchor Recovery , 310 Reservoir Ave 02907
7:30 PM		Gift of Hope AI-Anon (1-041580)	Providence - St. Martin's Church , 50 Orchard Ave. (3rd floor) (Enter door on Orchard Place, that faces synagogue parking lot)
THURSDAY	Symbol	Group	Location
10:00 AM	HB	Hope For Today AFG (3-026668)	Warren - Warren Town Hall , 514 Main St. #2, (enter basement on Joyce St.) Link: app.zoom.us/jc/8169388132/join?fromPWA=1&pwd=d2R5ZDgzbk5URDF3VUJPNFybllyZz09 Zoom ID: 816 938 8132 PC: Hope4Today
10:15 AM	OL	Step Up to Serenity (2-30784538)	Link: app.zoom.us/jc/3374010285/join?fromPWA=1 Zoom ID: 337 401 0285 PC: Courage
7:00 PM	At AI	Alanon United (2-30800328) United Alateen (2-30871722)	Cranston - Praise Tabernacle Church , 330 Park Avenue (Alateen: Age range 11-19. Lower level youth group area.)
FRIDAY	Symbol	Group	Location
5:00 PM		Let It Begin With Me AFG (2-30805074)	Wickford - St. Paul's Parish Hall 76 Main Street, (Across St. & east of church) (Park in rear via Church Ln, enter left rear just after ramp, go to 2nd floor, 1st room on right)
6:00 PM		Anchor of Hope (2-46984)	Narragansett - Christian Anchor Fellowship Assembly - 32 Avicé St.
7:00 PM		Westerly Friday Night AFG (2-064936)	Westerly - Westerly Senior Center , 39 State Street.
7:00 PM	HB	You Are Not Alone (1-012480)	Woonsocket - Landmark Hospital , 115 Cass Ave. (Park in rear, Enter the locked double glass door - Someone will let you in - Go to Christenson Meeting Room) For Zoom info: contact YouAreNotAloneWoon@gmail.com
SATURDAY	Symbol	Group	Location
9:00 AM	OL	Serenity Saturday AFG (1-30858919)	Link: us02web.zoom.us/j/82028037764#success Zoom ID: 820 2803 7764 PC: Serenity1
11:00 AM	WC	Loving Hearts AFG (3-062178)	Barrington - St. James Lutheran Church , 49 Middle Hwy (Use rear door, 1st room on right)
5:00 PM	OL LT	Courage and Hope AFG (2-30643844)	Link: us02web.zoom.us/j/956125730?pwd=Z2xqT1h6RXVMb2hrRkxRVU1HZ1R0UT09 Zoom ID: 956 125 730 PC: alanon
ALATEEN	Symbol	Group	Location
6:00 PM	AI	You Are Not Alone AlAteen (3-30868172)	Middletown - YANA Clubhouse , 770 Aquidneck Ave
7:00 PM	AI	United Alateen (2-30871722)	Cranston - Praise Tabernacle Church , 330 Park Avenue (Age range 11-19. Lower level youth group area.)

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