Are You Interested in Being a Group Representative? (GR)

A “GR” represents their group at local District meetings & connects their group to ________________ (your Area)

Who can be a Group Representative?

- "Any Al-Anon member with a willingness to represent the group at the district meeting and Area Assembly in order to carry the message of Al-Anon’s group conscience." (Al-Anon Guidelines, G-11, Group Representative)
- An Al-Anon member who has "...basic knowledge of Al-Anon & Alateen Traditions & Concepts of Service, & how they are applied in our groups." (Al-Anon Guidelines, G-11)
- A member who’s primary program is Al-Anon, and is not a member of A.A.

What does a GR for District _____ do?

- Is encouraged to share the position with an Alternate Group Representative.
- Attends District meetings held ____________________________
- Attends the SCWS Assembly held ____________________________
- Relays the information from the District/Assembly meetings to your group.
- The GR position is a 3-year term. However... it is just one meeting at a time!

Humm... And why would I want to be a GR?!

- You have the fabulous opportunity to expand your Al-Anon recovery, & meet GRs from other meetings & other Districts in _____________.
- You learn more about the Traditions & Concepts, how they apply in your life, & can see them at work beyond the group level.
- You hear how other groups are doing Public Outreach, livening up their meeting format, tackling group issues, finding creative ways to encourage/use Conference Approved Literature (CAL), ways to encourage Newcomers, and much more!
- Hear the latest from World Service, including upcoming new literature, requests for writing submissions for CAL, changes/revisions in policy, etc.
- It’s tons of fun, and “When I Got Busy, I Got Better” (CAL P-78) on p. 2 it states: “Service and recovery, then, are not independent of each other”. 😊

For more information about being a Group Representative:

1. Refer your Service Manual. “Group Representative” is listed on page 65, 69, 74, 140 and more.
2. Read the Al-Anon GR Guidelines, G-11.
3. Call or e-mail your District Representative ____________________________