

Are You Interested in Being a Group Representative? (GR)

A "GR" represents their group at local District meetings & connects their group to _____(your Area)

Who can be a Group Representative?

- *"Any Al-Anon member with a willingness to represent the group at the district meeting and Area Assembly in order to carry the message of Al-Anon's group conscience." (Al-Anon Guidelines, G-11, Group Representative)*
- *An Al-Anon member who has "...basic knowledge of Al-Anon & Alateen Traditions & Concepts of Service, & how they are applied in our groups." (Al-Anon Guidelines, G-11)*
- *A member who's primary program is Al-Anon, and is not a member of A.A.*

What does a GR for District _____do?

- *Is encouraged to share the position with an Alternate Group Representative.*
- *Attends District meetings held _____*
- *Attends the SCWS Assembly held _____*
- *Relays the information from the District/Assembly meetings to your group.*
- *The GR position is a 3-year term. However... it is just one meeting at a time!*

Hummm.....And why would I want to be a GR?!?

- *You have the fabulous opportunity to expand your Al-Anon recovery, & meet GRs from other meetings & other Districts in _____.*
- *You learn more about the Traditions & Concepts, how they apply in your life, & can see them at work beyond the group level.*
- *You hear how other groups are doing Public Outreach, livening up their meeting format, tackling group issues, finding creative ways to encourage/use Conference Approved Literature (CAL), ways to encourage Newcomers, and much more!*
- *Hear the latest from World Service, including upcoming new literature, requests for writing submissions for CAL, changes/revisions in policy, etc.*
- *It's tons of fun, and "When I Got Busy, I Got Better"(CAL P-78) on p. 2 it states: "Service and recovery, then, are not independent of each other". ☺*

For more information about being a Group Representative:

1. *Refer your Service Manual. "Group Representative" is listed on page 65, 69, 74, 140 and more.*
2. *Read the Al-Anon GR Guidelines, G-11.*
3. *Call or e-mail your District Representative_____*

