

RHODE ISLAND AL-ANON AREA 49  
MEETING MINUTES  
MAY, 13, 2010

Meeting called to order at 7:04 pm.

Opening:

Moment of Silence followed by the Serenity Prayer

Reading of the 12 Traditions

Reading of the 12 Concepts of Service and General Warranties of the Conference

Read excerpts form Service Manual (pp 80-82)

Introductions:

Area Chair; Webmaster/GR Forever Hope; Past Delegate Panel 46/Policy Comm Chair; Acting Office Mgr; Treasurer/Alateen Process Person; Alateen Coordinator; DR 3; DR 4/Alternate Chair; Alt DR 4/GR Cranston-Warwick Day; DR 2/Workshop Chair arrived at 7:14 pm.

Secretary's Report:

Treasurer's "attached report" on office copy of minutes

Motion made and seconded to accept minutes (7-0)

Alt DR 4 was acting secretary for May meeting

Treasurer's Report:

Treasurer reported expenses for April as \$717.10 – including the quarterly donation and general expenses. Donations received totaled \$1462.00 – Alateen \$94.00; RI Area \$868.00; Literature \$500.00. Office Supplies line item in the Red (toners, paper). Item may need to be recalculated for 2011 budget. A copy of the Budget is to be sent via email to the service list.

Chair's report:

Thank you to Alt. Chair for filling in the past 2 months. The Chair had asked qualified members if anyone was willing to stand for Delegate or Alternate Delegate.

Conference Summary:

Read p. 58 on Conflict Resolution. If an issue keeps being repeated, people are not being heard. A sampling of different techniques for Conflict Resolution appears on p 58 of WSC Summary. Listening leads to Discussion.

Comments as follows: last paragraph on p 59 stood out; "bold print" on p 58 from *The Dilemma of the Alcoholic Marriage* is how she tries to resolve issues; likes that the a

guide is already laid out for us to follow and that it promotes being gentle; learned to keep voice low and soft...an Al-Anon voice; To be responsible to self, keep discussing and not to give up; do not judge and allow self to ventilate; remember that Service has the same mission and love of fellowship, that being to help families and friends of the alcoholic and to provide Spiritual guidance; tries to remove personalities and feelings; Stay focused on the problems and their solutions; learned a lot from spouses' meetings at rehab; to keep principles above personalities; that it is perfectly fine to take Time-outs when the discussion gets heated; the Al-Anon program has given us the tools for conflict resolution; Understands that there need not always be a resolution; it is okay to agree to disagree; its okay to have a difference of opinion; at not being heard, her voice becomes louder and rises, Al-Anon voice is bothersome to her; tried to avoid conflict entirely but with the Program has learned to face the conflict; examining her motives—WHY?—is more effective; Conceded that Life Has Blips; mindful that she meets Conflict head on with Conflict; trying to presume goodwill and to keep her HP in mind.

Homework for July: p 59 (KBDM) and p 63 (Responsibility). The Webmaster will put the Powerpoint online to be viewed.

Area Assembly Agenda:

Registration at 8:30 am

Opening remains the same 9:00-9:35

Review/Minutes 9:35-9:45

Treasurer's Report 9:45-10:00

AWSC Introductions 10:00-11:00 am

Hype GRs to the Joy of Service

DRs will introduce themselves and provide a written summary of their District activities to Alt DR 4 to be collated and printed as a handout at registration. Due date 5/22/2010

Webmaster will copy and send service position job descriptions to Treasurer for printing

Break 11:00-11:10

Q & A 11:10-11:30

Policy Committee 11:30-12:00

Lunch 12:00-12:45

WSC 12:45-1:30

GR caucus 1:30-1:50

Q & A 1:50-2:05

Break 2:05-2:20

Ask-It-Basket 2:20-2:50 organized by DR 4 and DR 3—distributing questions to the appropriate senior member for answering; unanswered questions will go out over the announcement list. DR 4 will summarize for announcement list

Housekeeping 2:50-2:55

Closing/Declaration 2:55-3:00

Motion made and seconded to accept the amended time frame for the Agenda for the June Assembly (5-0)

## Policy Committee Report:

01-2009 Presented/Discussed /Voted upon. Motion made and seconded (7-0)

01-2010 Presented w/no discussion. Motion made and seconded (7-0)

02-2010 Presented w/no discussion. Motion made and seconded (7-0)

Discussion—Policy 02-2010 had 3 changes (items 12, 14 and 16)

Reasoning—uniformity of “naming” in accordance with the Service Manual  
There was concern that GRs handed out all 3 Policies at a meeting without them having been presented to AWSC first

Other Discussion re: Policy:

Who is on the Policy Committee?

What are the requirements to be on the Committee?

How are members of the Committee to be determined?

AWSC? Any AL-Anon member? Double winners? Mix throughout the state so that each District has a voice?

## Elections:

Discussion as follows: Who is elected? Who is appointed? It's up to the Chair affirmed by the Assembly; member believes GRs need time to caucus before they vote apart from AWSC members; member believes GRs need time to talk with each other; should candidates remain in the room to be able to speak on their own behalf on any issue brought up? At June Assembly, anyone willing to stand for a vacant position should be appointed by the Chair until the November Assembly. Member stated the Area Chair did not ask the Area Secretary to serve as Alternate Delegate. Area Chair stated this was an oversight and apologized.

## Tabled Items:

Addition of committee chairs to service list

Past Delegate's Appeal letter

Forwarding messages to non-service list members

Date of next meeting: July 8, 2010, 7:00pm

Motion made and seconded to adjourn at 9:34 pm (5-0)

Serenity Prayer

Submitted by;

Alt. DR 4 (acting Secretary)

