

LIFELINES

Rhode Island Al-Anon Family Groups

Area 49 MARCH 2022



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Editor's Corner

Dear RIAFG Friends:

If you're reading this, **you're qualified.** (I can hear you now: "What? Wait a minute, I already have **qualifiers**, what do you mean I'm **qualified**?!")

Whether you're new to our fellowship or a longtime member, **you are qualified to help RIAFG.** And we need you **now.**

RIAFG supports your recovery. You're reading this newsletter, for one. You've probably read, bought, or shared literature that came from the main office. You attended a workshop or convention. You referred people to our program and sent them to the RIAFG website. All of these resources are maintained by volunteers who go to meetings and work their programs just like you do. Come serve with us!

Service helps RIAFG and your own recovery, as you meet and befriend so many other Al-Anon fellows. Think of service as a meeting, but in a different form! You *need* service in order to effectively work your program. The kind of service is up to you.

Recalling our Third Concept: "The right of decision makes effective leadership possible." It means that when you serve, you are trusted to make decisions that benefit our area and the larger An-Anon family. No one likes to be second-guessed, so we don't. We'll give you guidance and support as needed, but . . . **we trust you.**

Your experience, strength and hope matter in your regular meetings and in RIAFG. Contact Elaine H. to volunteer an hour or two the office, in person or online. Inspire others by sharing part of your story in Lifelines. Represent our area and enjoy the wide diversity of perspectives as a Group Representative in regional meetings. You can do this even if you feel like a "newcomer." You're one of us, we want you, and **you're qualified!**

Gratefully in service,
Eden C., Lifelines Editor lifelines.riafg@gmail.com

Upcoming Events

March 6, 2022: Forever Hope 34th Anniversary Meeting

March 17, 2022 7:00 PM AWSC meeting in the Cranston office. All are welcome

March 25, 2022: Essential Steps & Traditions Study Group Anniversary Meeting

March 25-27, 2022: Keys To Recovery Massachusetts Al-Anon/Alateen Convention

April 29, 30- May 1: Native American Al-Anon Convention in Oregon

June 4, 2022: RIAFG Spring Assembly More information soon!

STEP THREE

Made a decision to turn our will and our lives over to the care of God as we understood Him.

TRADITION THREE

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

CONCEPT THREE

The right of decision makes effective leadership possible.

Hello from our Literature Coordinator

Hello everyone!! As your **new Area Literature Coordinator**, I want to introduce myself and update you on Literature availability. I am Wendy H. and my home group is the Change What You Can Sunday 10 am meeting, formerly in-person in Pawtucket, but still on Zoom. Please visit us for a meeting if you get a **chance; the info for Zoom is on the Meeting List on riafg.org.**

The RI AFG Office still has plenty of Literature for groups that are meeting in person or virtually. However, the WSO is still out of stock of printed versions of *How Al-Anon Works*. I keep checking with them daily, so I can jump on an order when they finally have some stock, but it may continue to be a while. In the meantime, you can [download it on Amazon as a Kindle e-book.](#)

I appreciate your continued patience in waiting for those items to come in, and hope you will continue to call or send in other Literature orders to the Office, as our existence as a Literature Distribution Center allows us to help support RI AFG through Literature Sales. We can fill your orders and get them out to you, as well as keep any out-of-stock items on back-order for your group.

Please let the office know if you have any questions or needs, and our Office volunteers or I will get back to you.

Love in Service,
Wendy H.

Contact: literature.riafg@gmail.com

RIAFG: Current ASWC Officers & Coordinators

RIAFG AREA WORLD SERVICE COMMITTEE CONTACT INFO

Delegate: Cindy B. delegate.riafg@gmail.com

Chair: Barbara H. chair.riafg@gmail.com

Treasurer: Terry L. treasurer.riafg@gmail.com

Archives Coordinator Anna P. archives.riafg@gmail.com

Forum Coordinator Ann H. forum.riafg@gmail.com

Group Records Coordinator Kit T. records.riafg@gmail.com

Lifelines Editor Eden C. lifelines.riafg@gmail.com

Literature Coordinator Wendy H. literature.riafg@gmail.com

Office Coordinator Elaine H. office.riafg@gmail.com

Public Outreach Coordinator Jackie W. outreach.riafg@gmail.com

Website Coordinator Kim C. webmaster.riafg@gmail.com

OPEN AREA POSITIONS

AREA Secretary

AREA Alternate Delegate

District 1 Rep

District 2 Rep

District 3 Rep

AA Liaison

Alateen Process Person

Alateen Coordinator

Email Coordinator

2022 Workshop Coordinator

**To learn more about open positions, attend our monthly meeting
and/or contact any coordinator!**

RIAFG Area Office News

How to order Literature from the RI Literature Distribution Center

1. Mail in the literature request form along with a check to: RIAFG, 106 Rolfe St., Cranston, RI 02910. Or
2. Print the request form from www.riafg.org. Click on "Literature." Scroll down to "Order Form," click on it and print it out. To see the catalog of literature, click on "View Catalog." Fill in the form with the literature you want, the unit price, the quantity of that literature and the total amount for that literature. Once the form is complete, add up the totals.

****If you are requesting that the literature be mailed to you, there is a shipping and handling charge of 8% of the total of the order or \$5.00, whichever is greater.** Include a check for the full amount, the name and address to ship it to, and a phone contact in case the office has any questions.

****If you are picking up the order, mail the order form to RIAFG,** then call the office at 401-781-0044. Be sure to include on the form a contact name and phone number. Speak with whoever is in the office or leave a message. You can include a check for the total or pay when you pick up. Especially if it is a large order, mailing it ahead of time gives the office volunteer the time to put the order together and notify you of any problems.

Please note that if you are requesting only a few items, and you want to do pick up, you may call the office with the info.

If not YOU, then WHO?

The office is now OPEN. As you all know, this closure mandated due to the pandemic.

However even before this, people were advised to call the office first to confirm there was a volunteer working.

I have received concerns that the office does not have published hours.

There is a very simple reason for this - **The office needs volunteers.**

If you are willing to serve as a volunteer so we can again have "open" hours, please email me at office.riafg@gmail.com or call the office at 401-781-0044.

Gratefully, Elaine H., Area Office Coordinator

FOREVER HOPE
Al-Anon Family Group

Invites you to join us to celebrate our
34th Anniversary
and
Lois W.'s 131st Birthday

Sunday, March 6, 2022
10:00 a.m.

To join our **Virtual Zoom Anniversary** meeting, paste this in your browser:

<https://us02web.zoom.us/j/84013128987?pwd=amp2ZTR5UXAzSW5KOGtEQk14VEx0Zz09>

To join by **Zoom App**: Meeting ID: **840 1312 8987** Passcode: **764812**

To join by **Phone**: Call 1-929-205-6099 Meeting ID: **840 1312 8987** Passcode: **764812**

Speakers • Fellowship • Spirituality

Come Share the Joys of Recovery with Us



Please Join Us!
The Essential Steps and Traditions Study Group
invites you to join us
in-person or via Zoom for our
16th Al-Anon Family Group anniversary!

Friday, March 25, 2022
At the Kingston Congregational Church
Fireplace Room
2610 Kingstown Road
Kingston, RI

Speaking Engagement: Noon to 1pm
With AA and AFG guest speakers

To join Zoom meeting: Meeting ID: 897 0074 4407 Passcode: 840056
To dial in: 1-646-558-8656

NOTE: Per group conscience, we try to be as close to a FRAGRANCE-FREE meeting as possible. We therefore ask that all attending in-person be mindful to AVOID WEARING PERFUME, cologne, scented lotion, etc. This way everyone can be comfortable and able to attend.

Complimentary bottled water available during meeting.

Directions on next page

Directions to the Steps & Traditions Study Group Anniversary Meeting

From Providence:

Take **95 South**

Merge onto **RI-4 S** via on the **LEFT** toward **NORTH KINGSTOWN**.

(Go 10 miles.)

Turn **SLIGHT RIGHT** onto **TOWER HILL RD/ US-1 S**.

(Go 3.2 miles.)

Turn **RIGHT** onto **MOORESFILED RD/ RI-138**.

Continue to follow **RI-138**.

(Go 3.8 miles.)

Kingston Congregational Church 2610 KINGSTOWN RD is on the **LEFT**.

From Newport:

Take **RI-138 E** toward **JAMESTOWN/ NEW YORK** (Portions toll)

Turn **SLIGHT LEFT** onto **RI-138 W**

Turn **SLIGHT RIGHT** onto **US-1 S/ RI-138 W/ TOWER HILL RD**

(Go 2.6 miles)

Turn **RIGHT** onto **MOORESFIELD RD/ RI-138**

Continue to follow **RI-138**

(Go 3.8 miles)

Kingston Congregational Church 2610 KINGSTOWN RD is on the **LEFT**

From Connecticut:

Merge onto **I-95 N** toward **PROVIDENCE** (Crossing into **RHODE ISLAND**)

(Go 10.1 miles)

Take **EXIT 3** Merge onto **RI-138 E/ KINGSTOWN RD** toward **SOUTH**

KINGSTOWN/URI (Go 10.3 miles)

Kingston Congregation Church, 2610 KINGSTOWN RD is on the **RIGHT**

PARKING IN BACK

Fireplace Room accessed from Kitchen Entrance

2022 Massachusetts Al-Anon/Alateen Convention with AA Participation, March 25-27, 2022



[Register Online](#) or [Call 508-202-1092](tel:508-202-1092)

Friday, March 25

Registration 4-8 pm

4 pm Hotel Check-in
5 pm Workshops Begin

Saturday, March 26

Registration 7 am-12 pm

7-9 am Breakfast	6:00 pm Banquet/Alateen Pizza Party
7:00 am Workshops Begin	7:30 pm Keynote Speaker
11:00 am Lunch	9:30 pm Dance Party

Sunday, March 27

7-9 am Breakfast
7:00 am Workshops Begin
11:00 am Check out

Best Western Royal Plaza Hotel

181 Boston Post Road West, Marlborough, MA

Registration includes a limited number of remote access workshops.

- Registration \$35 / \$25 on or before March 18, 2022 / \$10 Alateen* Registration call 508.202.1092
- Meal orders must be made by March 18, 2022. All-inclusive package of registration + all meals available for \$125 or the à la carte options are \$41 banquet dinner, \$22 box lunch, and \$22 for each breakfast. All meals purchased support the convention by lowering expenses.
- Hotel reservations made before February 22, 2022 receive the special rate of \$99/night and support the convention by lowering expenses. Reserve hotel room online or call 508-460-0700 and mention Al-Anon for the \$99/night special convention rate.
- Volunteers needed: registration, greeter, hospitality, literature, raffle, AMIAS, speaker, workshop chair, and more.
- Live transcription and ASL services are available for the hearing-impaired.
- Registration includes a limited number of remote access workshops.

Register Online

or

Call 508-202-1092

For anonymous registration concerns, payment by check, Alateen registration, or any other questions please call 508-202-1092 and leave a message with your first name and phone number.

Those struggling with financial hardship may call 508-202-1092 to request complimentary registration.

CDC, federal, state, local and hotel safety guidelines will be followed.

Every Alateen member must be accompanied by a parent/legal guardian staying at the convention or an AMIAS with a signed notarized "Alateen Medical Authorization Form" and a signed "Alateen Transportation and Overnight Stay Permission Form." If needed, please acquire required forms from the accompanying AMIAS prior to arrival.

Please add * RegisterAFGconventionMA@gmail.com * as a SAFE SENDER in your email account.

Native American Al-Anon Conference

April 29, 30, May 1, 2022

Sheraton Portland Airport Hotel

833-425-0931

8235 NE Airport Way, Portland, OR 97220



Register by Mail or Register Online Using Our Eventbrite Page (search [Portland, NAAC](#))

There will be speakers, workshops, and cultural activities throughout the weekend. This event is hosted by the Oregon Area Al-Anon Family Groups. Everyone is invited.

We have special room rates of \$109 a night for the event, but you must reserve a room before April 15th, 2022 and inform the hotel that you're with the Native American Al-Anon Conference.

[Hotel Reservations Link](#)

For more info: nativeamericanalanonconf@gmail.com

Registration Fees:

\$25 for registrations post marked by April 25th

\$30 for registrations postmarked after April 25th and at the door

\$10 for Alateens regardless of registration date.

\$55 for Saturday Night Banquet Dinner

Name _____

Address _____

Phone Number _____ Email _____

Number of Al-Anon and AA Registrations: ____ Alateen(s) Registration ____ Banquet Tickets ____

Total amount Enclosed: _____ (Make Checks Payable to NAAC)

For physical mail-in address, please email us!

nativeamericanalanonconf@gmail.com

Please consider printing and pinning up the Al-Anon tear off poster below.
Your willingness to do so may attract people to our program.
Please ask for permission at grocery stores, libraries, community centers,
laundromat, mental health facilities, etc.
Thank you!



Do you worry about how much someone drinks?

More than half of all adults have a family history of alcoholism.

AL-ANON & ALATEEN CAN HELP

Rhode Island Al-Anon/Alateen
106 Rolfe St. Cranston, RI 02910
401.781.0044 | www.riafg.org |

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CUT ALONG THE ABOVE LINE AND UP BETWEEN EACH BOX TO CREATE TEAR OFF TAGS

"Where can I find a meeting?"

The current list of meetings is available at www.riaafg.org.

The current In-Person/Hybrid and On-line/Phone meetings lists and coronavirus updates can be found on under the "AL-ANON MEETINGS" tab.

Click on "MEETING LISTS.

****Please check on line for meetings that fall on holidays***



Looking to Enhance Your AFG Mobile App Experience?

It's easy! Simply subscribe to the Premium Content on the **Al-Anon Family Groups Mobile App** to receive an additional boost of recovery each day. The Premium Content includes a daily sharing on a Step, Tradition, Concept, slogan, feeling, or another thoughtful topic to reflect upon throughout your day.

By subscribing to the Premium Content, you will receive a year's worth of entries, thus ensuring daily bursts of easily accessible serenity while on the go.

Go to www.al-anon.org/mobileapp to get the app.

Alateen Bookmark Deadline

Dear Al-Anon and Alateen members,

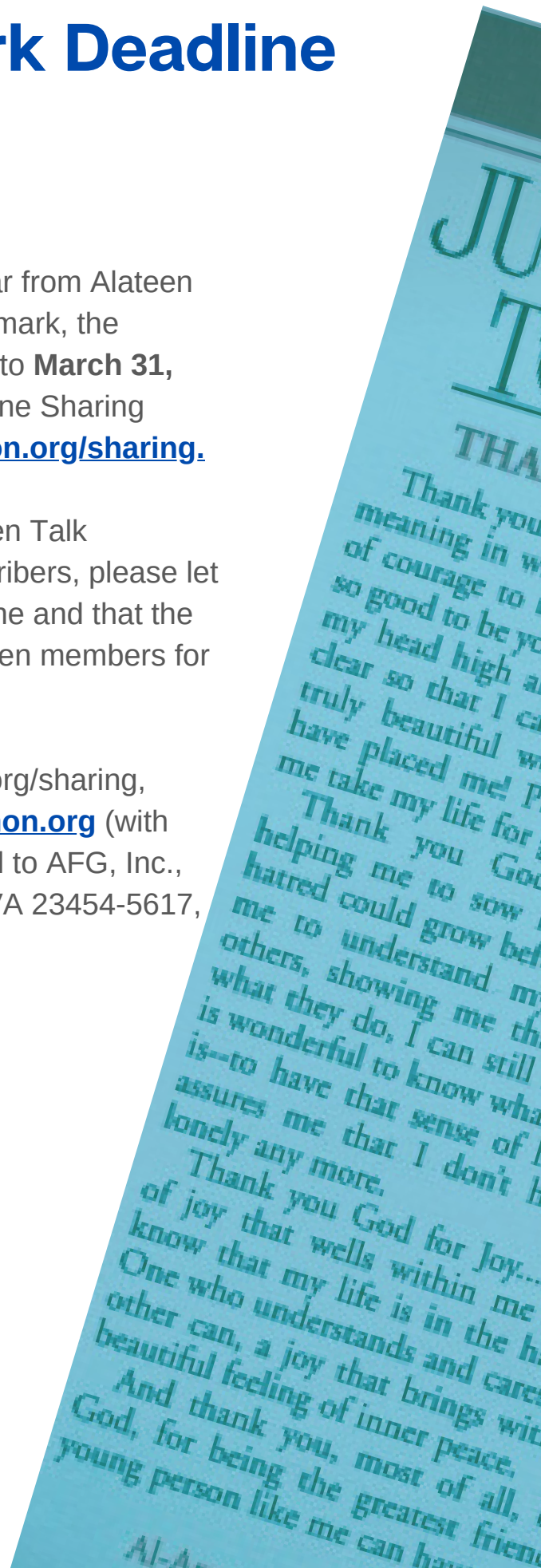
Due to the limited number of sharings received so far from Alateen members for the new Just for Tonight Alateen Bookmark, the deadline of December 31, 2021 has been extended to **March 31, 2022**. The new deadline has been added to the Online Sharing Form and the writing guideline found at www.al-anon.org/sharing.

Because the previous deadline is in the latest Alateen Talk newsletter, which is currently in the mail to all subscribers, please let members in your Area know of this extended deadline and that the Literature Committee still needs sharings from Alateen members for the bookmark.

In addition to submitting sharings online at al-anon.org/sharing, Alateen members can email sharings to wso@al-anon.org (with "Alateen Just for Tonight" in the subject line), or mail to AFG, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, Attn: "Alateen Just for Tonight."

Thank you for your help in sharing this information!

Yours in Service,
Tom C. Associate Director—Literature



The Annual Alateen Recertification Window Opens January 12, 2022!

Every year, each Area in the World Service Conference Structure is required to take part in the Annual Alateen Recertification process in order to continue to use the Alateen name.

This is explained in the 2003 Alateen Motion from the Board of Trustees and the policy for Alateen. Both are found beginning on page 93 of the 2018-2021 Al-Anon/Alateen Service Manual (P-24/27), version two (2).

The recertification process has two goals that verify:

1. Every registered Alateen group has currently certified Al-Anon Members Involved in Alateen Service (AMIAS) as Group Sponsor(s) as the Current Mailing Address (CMA) as a Phone Contact for the public
2. The current certification of all AMIAS

We are requesting that Areas complete the Alateen recertification by June 15, 2022!

Contact your Area Alateen Coordinator, Area Alateen Process Person, or District Representative to verify the process in your Area.

Don't miss out on this opportunity to share your recovery with teens and younger members!



RIAFG Volunteers Needed!



Please consider giving back by volunteering for hours in the office or as a volunteer from your home.

Both positions have training.

Office volunteers responsibilities:

Greet anyone who calls the office.

Greet visitors to the office. They are usually coming for literature.

Retrieve recorded messages, return calls and record them in our log.

Open and distribute the mail.

Fill literature orders for in-person purchasers.

At-home volunteers responsibilities:

Access the Al-Anon voicemail account from their home phone, retrieving messages.

When a caller leaves message & a number, the at-home volunteer calls them back.

Mailing a meeting list or referring the caller to riafg.org.

Keep a brief written log of calls returned & communicate with the Office Coordinator.

To volunteer or request more information, please email: office.riafg@gmail.com.

Gratefully in Service, Elaine H., Office Coordinator

RIAFG and WSO Need Your Support



\$\$ Ring in the New Year \$\$

TRADITION SEVEN: EVERY GROUP OUGHT TO BE FULLY SELF SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS.”

Thank You for your continued support! Whenever possible, please send donations to our RIAFG and WSO. It takes all of us to keep the “doors” of Al-Anon open to all who need it. Donate either personally or through your home groups.

Mail your donations to RIAFG:

RIAFG, 106 Rolfe St., Cranston, RI 02910

When you send in donations from your group, include the group number or the group name.

Make a donation to the World Service Office online at

<https://al-anon.org/contributions/>

Mail donates to WSO:

AFG Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454

Contact Us



CONTACT RIAFG

www.riafg.org

106 Rolfe St.

Cranston RI 02910

401-781-0044 Office hours available by calling this number.

Send your Lifelines announcements to lifelines.riafg@gmail.com

CONTACT WSO

www.al-anon.org

1600 Corporate Landing Parkway

Virginia Beach, VA 23454

757-563-1600

*God, grant me the serenity to accept the things I cannot change,
courage to change the things I can and wisdom to see the difference.*