Editor’s Corner:

There was a Super Moon recently. My husband and I were at the beach to watch and photograph it. We knew the time of the moon rise, but we could not see it. The haze along the horizon blocked it out. Then it began to emerge, faintly at first.

This event reminded me of my recovery and how I feel sometimes. I get lost in the haze of my day to day routine. It can overshadow my desire to be more present to myself spiritually. And like the moon, my recovery can feel “cyclical.” Sometimes it feels so obvious and real; sometimes, not so much. However, my experience has shown me that I can trust this process. My Higher Power and my program are here.

When I get “clouded over,” my emotions can create a snarled mess. I am often full of fear. I forget about trust. These are the times when I must stop, pause, pray, feel my feelings and then release them to my Higher Power, or my God box, or the universe. Sometimes it is all the above.

Thank goodness for Al-Anon. Before program I didn’t know what to do with this mess of emotions. I pushed them down deep within me but they often came back in a whirlwind of fear and anger. I cannot feel angry without some underlying fear. And often, I cannot feel afraid without anger mixed in. Al-Anon has taught me to not stuff these feelings. They cannot hurt me unless I try to ignore them. Try as hard as I may, they will not go away.

Wanting control over what is not my business is often at the root of this. I worry about how someone else’s thoughts, feelings, actions, and words can upset my plans. My underlying concern is not so much that the other person will be hurt, but that I will be hurt watching the other person suffer. Another whirlwind! I can feel like I am falling into a vortex, swallowed up whole.

When I finally walked through the doors of an Al-Anon meeting, I felt I had nothing left. I was beaten down and exhausted by trying to continue my facade of strength. I came as a last ditch effort to keep my head above water. When I faced my feelings, they seemed so much stronger than me. I feared I had opened up a mess that would take me down. I was told to reach out, share at meetings, call people, pray about it, journal about, turn it over by putting it in God’s hands. I had nothing to lose but my own misery.

Only when I turn the focus away from the situation and towards myself can I ever hope for serenity and happiness. I pause, I pray and ask for guidance. What is the next right thing I can do? You told me to keep coming back. I followed that advice. The Slogans helped me tremendously because they were easy to remember — “This too shall pass,” “Easy Does It,” “Let Go and Let God.” The Serenity Prayer became a mantra when I didn’t know how else to stop my swirling thoughts. It calmed me down.

Now, when I’m having trouble seeing clearly, I trust that my program has not disappeared. From experience I know that eventually I will get clarity. I will see that Super Moon rising from the haze.

Gratefully in service,
Elaine H., Lifelines Editor

**DEADLINE FOR THE JUNE ISSUE IS MAY 28TH.**

Would you like to be on the distribution list for Lifelines? Send an email requesting this to lifelines.riafg@gmail.com. These are sent as “BCC” so your anonymity is protected.
SPRING ASSEMBLY:

2021 Virtual Spring Assembly
May 15, 2021 9:00-1:30p
Engage in a panel discussion of the
LINKS OF SERVICE

Registration at 8:45a
Please log on 10 min early to get
registered in the Assembly Waiting room and Zoom-ready!
Meeting ID: 895 5753 4617
Passcode: 974535
Dial in: +1-646-558-8656
Rhode Island Al-Anon Family Groups

106 Rolfe Street, Cranston, RI 02910 • (401) 781-0044 • www.riafg.org • alanon.riafg@gmail.com

May 15, 2021

Hi Everyone,

Your Area Committee is excited to invite you to our Spring Virtual Assembly. We are pleased to share the attached Assembly Agenda materials with you.

As Group Representatives, you are the conduit between your groups, the Area, and WSO. We look forward to seeing you on our Zoom Spring Assembly on May 15* and request that you take this information to your groups for discussion prior to the Assembly.

- Our Past Area Delegate, Barbara H., will be giving her report on the 2021 World Service Conference. GRs are asked to encourage members of your group to attend the virtual Assembly to hear her report and learn more about service beyond the group level. All members of Al-Anon/Alateen are welcome and have a voice at the Assembly (although only the Group Representative, Alternate, or Proxy* can vote on behalf of the group).

- Voting on Interim Officers and Coordinators

- Open Area positions – Encourage group members to get involved in service by standing for one of the open positions (see attached list). Anyone standing for a position should, if possible, attend the Assembly. If anyone has any questions, he/she should contact me at chair.riafg@gmail.com, prior to the Assembly.

- This year we will be having a Panel of speakers with a question/answer afterwards.

- Trivia for a free one-year subscription to The Forum.

Remember, if the GR or Alternate GR cannot attend the Assembly, the group is encouraged to appoint a proxy* to represent the group and vote on behalf of the group. That member cannot be a member of AA.

Please be sure to print out the attached packet and have it available at the virtual Assembly.

Love in Service,

Joel B.

Rhode Island Al-Anon Family Groups
Area 49 Chair

*Let It Begin with Me. When anyone, anywhere, reaches out for help - let the hand of Al-Anon and Alateen always be there, and Let It Begin with Me.

*Note that any member who also is a member of AA cannot be a GR, Alternate GR, or vote at the Assembly as the group proxy.

Anyone who hasn’t received the assembly packet and would like one, please email our area secretary at secretary.riafg@gmail.com
RIAFG AREA 49
SPRING ASSEMBLY AGENDA
MAY 15TH 2021

Location: Virtual via Zoom

8:45 – 9:00  Registration / Check-in

9:00 – 9:45  OPENING/WELCOME
  ➢ Moment of silence followed by the Serenity Prayer
  ➢ Read Steps/Traditions/Concepts/Warranties
  ➢ Anonymity statement
  ➢ Roll Call/Introductions
  ➢ Zoom meeting procedures – voting, comments & questions
  ➢ Assembly Etiquette
  ➢ Practice Vote

9:45 – 10:20  AREA BUSINESS
  ➢ Review and acceptance of November 14, 2020 Assembly Minutes
  ➢ Date and location of next Assembly – District 1 (Virtual in November 2021)
  ➢ Affirmation of Interim Officers and Coordinators
    • AA Liaison, Group Records, Alateen Coordinator, Treasurer
  ➢ OPEN AREA POSITIONS
    • Delegate • Alternate Delegate • Workshop Coordinator 2021 • Archives

10:20-10:30  DISTRICT 1 & 2 CAUCUS
  ➢ GRs to choose a District representative

10:30-10:45  TREASURER’S REPORT

10:45 – 11:30  DELEGATE’S REPORT

11:30– 11:40  BREAK

11:40 – 1:20  PANEL SPEAKERS – Q&A

1:20 - 1:25  TRIVIA GAME- For subscription to the Forum

1:25 – 1:30  CLOSING
  ➢ Motion to adjourn
  ➢ Closing prayer and Al-Anon Declaration
AREA GROUP RECORDS COORDINATOR: IMPORTANT!

Al-Anon Family Groups World Service Organization has informed RIAFG Records Coordinator that meetings with bounced emails and incorrect mailing addresses will be deleted from their data base within 2 years. Please be sure to keep your meeting’s contact information current! Questions? Contact me at: records.riafg@gmail.com

Thank you, In service, Kit

2021 EVENTS CALENDAR:
At this time, due to the COVID-19 pandemic, please check the riafg.org website for updated information.

April 30- May 1  44th Annual S. California Convention via zoom. See page 6.
April 30- May 1  49th Michigan Annual State Al-Anon/Alateen Convention. See page 7.
May 3, 2021  AWSC meeting, 7PM, All welcome to attend. For information, email secretary.riafg@gmail.com.
May 12, 2021  Public Outreach Committee Meeting, 7-8 PM. See page 9.
May 15, 2021  Save the Date! Rhode Island Area Spring Assembly. See page 2 through 4.
June 7, 2021  AWSC meeting, 7PM, All welcome to attend. For information, email secretary.riafg@gmail.com.

MEETING NOTICES:

Re: The "Together We Can Make It" group that meets on Tuesday at noon at the Hope Congregational Church in East Providence. The members of the group have decided to TEMPORARILY close the meeting until the pandemic is over.

***Please consult riafg.org for the latest information regarding groups who are transitioning back to in person meetings, changing to a Hybrid format, and for the conference bridge numbers and zoom information for the temporary virtual meetings.
***For the WSO meeting list, please refer to al-anon.org and click on “Meetings”

IN-PERSON MEETING UPDATES

THE FOLLOWING MEETINGS ARE RETURNING TO IN-PERSON FORMAT

SUNDAY: None at this time

MONDAY: 7:30 p.m., Step Up To The Summit, Coventry, Summit Baptist Church, 1176 Victory Hwy. (Jct. Rtes 117 & 102)

TUESDAY: Hybrid Meeting starting June 1, 2021: in-person Charlestown New Life AFG, 7-8:30 p.m., Cross Mills Baptist Church, 4403 Old Post Rd., Charlestown. COVID protocols are being followed. Via Zoom ID: 8447358546, Password: alatuesday.

WEDNESDAY: 9:00 a.m., Serenity at Sunrise, Warwick - Sts Rose and Clement Church 111 Long St. Per church: Masks must be worn and social distancing maintained. 7:00 p.m., Let Go and Let God, Cumberland - St. Aidan's Church, 1460 Diamond Hill Rd. Park in back of church, enter via the Rear door. This Group will also be meeting via Zoom - To join the Zoom Meeting, paste this in your browser: https://zoom.us/j/88189707610. To join the meeting manually, go to zoom.us in your browser, enter the Meeting ID# 88189707610 and the password is 483079

THURSDAY: 10:00 a.m., Let it Begin with Me, West Warwick - Emanuel Lutheran Church, 9 New London Ave., Enter rear of building - Masks must be worn at all times. Social distancing of 6 feet must be maintained at all times.

FRIDAY: 7:00 p.m., Westerly Friday Night AFG, Westerly Senior Center, 39 State St., Westerly

SATURDAY: None at this time
EVENTS OUTSIDE OUR AREA:

**Friday, April 30th**

5:00 pm .......... Early Bird Meeting
'Strategies for Serenity'
**Panel Speakers:**
Reed C., Culver City
Monette M., Los Angeles
Michelle A., Santa Clarita

7:30 pm .......... Opening Ceremony

8:00 pm .......... Opening Meeting
'Seriously Serenity??'
**Speaker:** Larcine G., Hawthorne

9:45 pm .......... Entertainment

**Saturday, May 1st**

9:00 am .......... Family in Recovery Meeting
'Walking Together for Serenity'
**Panel Speakers:**
Jida S. (Al-Anon) & Bruce B. (AA),
& Ginger B. (Alateen), Aqua Dulce

11:00 am .......... Brown Bag Lunch Speaker
'Footsteps to Serenity'
**Speaker:** Michele RF., Yorba Linda

1:00 pm .......... Business Meeting
Participate in the election
of your 2023 Chairperson!

2:30 pm .......... Longtimer's Gathering
'The Priceless Gift of Serenity'
Sharings from a Panel with 25 years
or more in Al-Anon

4:30 pm .......... Spiritual Meeting
'Following in the Footsteps to Serenity'
**Speakers:**
Kitty R., Oceanside
Kelly L., Yorba Linda

7:00 pm .......... Closing Meeting
**Speakers:**
AA: Tiffany D., Eastvale
Al-Anon: Chuck S., Huntington Beach

9:15 pm .......... Entertainment
YHA Game Night

**MARATHON MEETINGS!**
**AA, ENGLISH, & SPANISH!**
Friday 4-11 pm/Saturday
8:00 a.m. -11:00 pm
See website for meeting times, topics, & rooms!

* Alateen Program Pending Final Approval

Go to www.afgconvention.org to receive your Zoom I.D. and password.
EVENTS OUTSIDE OUR AREA (CONT.):

Michigan Al-Anon/Alateen Family Groups 49th Annual State Convention

with AA Participation

April 30 – May 1, 2021

Zoom Into Recovery: Zoom ID 848 7547 6632 Passcode 737915
Phone (312) 626-6799

Friday: Opening at 7:00 PM
Saturday: Opening at 8:00 AM

For more information:
Phone: (231) 938-7399
Email: alanond39@gmail.com
www.miafg.org

This is a FREE event, but donations are appreciated.

Mail to:
Michigan AFG, Inc.
P.O. Box 980174
Ypsilanti, MI 48198-0174
or www.miafg.org
AREA LITERATURE COORDINATOR:

We have purchased copies of *Al-Anon Faces Alcoholism*. These are available at our Cranston office. If any Groups are interested in them, they are $8.00 for 25 copies. We also have Outreach bookmarks, which are free of charge. Please contact me at: literature.riafg@gmail.com.

Ann-Marie
Area Literature Coordinator

AREA OFFICE NEWS:

Volunteers Needed

The Area Office still needs volunteers! Please consider giving back by volunteering from your home. Training is provided.

At home volunteers responsibilities:
- Access the Al-Anon voicemail account from their home phone, retrieving messages
- When the caller leaves a message and a number, the at home volunteer calls them back
- Mailing a meeting list or referring the caller to riafg.org
- Keep a brief written log of calls returned and communicate with the Office Coordinator

Please call the office at 401-781-0044 for more information and/or to volunteer!

Jane A., RIAFG office coordinator

MEMBERS SHARE:

A Path to Recovery…by Jackie W.
PUBLIC OUTREACH:

Welcome to Public Outreach - Come and see what's been happening!

Public Outreach Zoom Meeting Agenda
Wednesday, May 12 2021
7:00 p.m.

I. Moment of Silence, Serenity Prayer, Read Step 11 and Tradition 11
   o Welcome and Introductions

II. Updates: Al-Anon tear offs, Libraries, Police Stations

III. Public Outreach:
   ▪ General Public Outreach
       • Al-Anon tear offs
       • Al-Anon Faces Alcoholism
   ▪ Professional Outreach
       • Hospital Admissions area, therapists, mental health agencies
       • Court system
   ▪ Media Outreach
       o http://www.n2pub.com/ - local online and delivered neighborhood papers
       ▪ Local other papers
       o New posters from WSO and updated information on PSA TV and Radio spots

IV. Celebrate successful Public Outreach occurrences

Please come to the May 12 Public Outreach Meeting

Topic: Public Outreach RIAFG
Time: May 12, 2021 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting
https://providence.zoom.us/j/95505381828?pwd=QTJPY2Z1Ri9BamVYMldEOXIFb3gxQT09

Meeting ID: 955 0538 1828
Passcode: 942725
One tap mobile
+13017158592,,95505381828# US (Washington DC)

OPEN AREA LEVEL SERVICE POSITIONS:

Please share the need to fill these position with your groups and other Al-Anon members. If you know of a possible candidate for any of these positions, please ask them to contact chair.riafg@gmail.com.

VOTING POSITIONS OF AWSC AND EXPECTATION OF ATTENDANCE AT AWSC MEETINGS.
Per RIAFG Policy 02-2010, all of the following Service Positions are voting positions for AWSC meetings, except for Workshop Coordinator. Members serving in voting positions are expected to regularly attend all AWSC meetings.
OPEN AREA LEVEL SERVICE POSITIONS (CONT.):

**AREA OFFICERS**

**Delegate (3-year term)** The Delegate represents the Area at the annual World Service Conference (WSC) and serves as the primary communication link between the World Service Office (WSO) and the Area and Groups within the Area. He/she is a channel through which information and concerns flow from the Groups and Area to WSO, and from WSO back to the Area and Groups. The Delegate monitors and participates in AFG Connects, the WSO’s communication and document sharing tool. At the Spring Assembly, the Delegate provides a comprehensive WSC report to the Area. The Delegate attends the Northeast Regional Delegates Conference (NERD) each year prior to the World Service Conference, to discuss and receive information on Al-Anon issues within the Region. Throughout the term of service, he/she participates on WSO committees, task forces, and/or thought forces, provides Area information to WSO, and responds to requests from WSO. The Delegate is expected to attend each Area World Service Committee meeting, and needs to work well with the Area Chair. He/she is expected to get to know other Delegates and share information on Area issues. As the point person for information of trends and developments in Al-Anon, the Delegate is expected to be proactive in making suggestions to the Area and Groups for constructive changes to further the Al-Anon purpose. The Delegate is encouraged to consider standing for Area Chair at the completion of his/her term. The information learned as Delegate can then be used to support the new Delegate and the Area as a whole.

**Qualifications -** Members who meet the following 3 criteria are eligible to serve as Delegate: (1) is an active Al-Anon member, (2) is an outgoing or current Area World Service Committee member or former Area World Service Committee member who has remained active in service at the Area level, and (3) is not also a member of Alcoholics Anonymous. A past delegate who has served a full three-year term may not succeed him/herself as Delegate or Alternate Delegate, but may be re-elected after an interim three-year term provided, he/she has remained active in service at the Area level.

**Alternate Delegate (2 years remaining on current term)** If the Delegate is unable to finish his/her 3-year term, the Alternate Delegate steps in to complete the term as the new Delegate and represents the Area for the remainder of the term at the annual World Service Conference. The Alternate Delegate works along with the Delegate as much as possible in communicating with the groups. He/she can also provide valuable service to the Area by visiting Area groups and districts; assisting Area committees; developing Alateen groups, encouraging Al-Anon members to sponsor them, and setting up Alateen workshops; other responsibilities as assigned by the Area.

**Qualifications -** Members who meet the following 3 criteria are eligible to serve as Alternate Delegate: (1) is an active Al-Anon member, (2) is an outgoing or current Area World Service Committee member or former Area World Service Committee member who has remained active in service at the Area level, and (3) is not also a member of Alcoholics Anonymous. A past delegate who has served a full three-year term may not succeed him/herself as Delegate or Alternate Delegate, but may be re-elected after an interim three-year term provided, he/she has remained active in service at the Area level.

************************************************

**AREA COORDINATORS**

**Qualifications -** Members who meet the following 2 criteria are eligible to serve in any of the Area Coordinator positions listed below: (1) is an active Al-Anon member and (2) is not also a member of Alcoholics Anonymous. Any position-specific qualifications are listed in the position description.

**Archives Coordinator (1 year remaining on current term)** The Archives Coordinator preserves the experience, history, and memorabilia of the RI AFG. The Coordinator may head up an Archives Committee, which would be responsible for researching the history of Al-Anon in RI. The archive materials are currently at the Area office. Anonymity is stressed when displaying photographs that might identify individual members. The materials collected can be displayed at workshops, assemblies, group anniversaries, or public information displays.

************************************************

**Literature Coordinator (3-year term)** The Literature Coordinator carries the message of recovery and unity through Al-Anon Conference Approved Literature (CAL) to the Districts, Groups, and members in the Area. He/she manages the Literature Distribution Center at the Area Office, maintaining inventory, updating the order sheet, ordering new literature, and making donations from the proceeds to the Area treasury. This Coordinator reads and becomes familiar with each piece of Al-Anon literature, encourages its use in meetings and program events, works with volunteers to display CAL at Area events and the RI AA Convention, develops literature donation projects, and encourages members to write sharings for ongoing and new CAL projects.

**Workshop Coordinator 2021 (1-year term)** The Workshop Coordinator heads the Workshop Committee, which plans our annual Fall Workshop. The purpose of the Workshop is to allow members to enjoy a day of recovery while participating in
OPEN AREA LEVEL SERVICE POSITIONS (CONT.):

giving back to the program (Participation Is the Key to Harmony). All proceeds help the Area as a whole, which allows us to be self-supporting. The Workshop Coordinator chairs periodic committee meetings and secures volunteers who take on responsibilities for registration, decorating, hospitality, master of ceremonies, speakers, meetings, food, craft table, Alateen participation, AA participation, Literature table, and Public Outreach table. This person troubleshoots and supports these tasks as necessary.

Qualifications – Any active Al-Anon member is eligible to serve as Workshop Coordinator. As this is a non-voting position, the position can be filled by a member who also is a member of Alcoholics Anonymous.

DISTRICT REPRESENTATIVES (DR)
The District Representative is usually any incoming, outgoing, or active past Group Representative who is willing to represent the District at Area World Service Committee (AWSC) meetings and Area Assembles. He/she should have knowledge of Al-Anon traditions and concepts as well as how they are applied. The District Representative meets and/or communicates with Group Representatives in his/her district to provide the GRs with information from the AWSC, encourages members’ subscription to the Forum, listens to group concerns, and takes any questions or concerns to the AWSC meetings. He/she maintains an email group list to send out messages and announcements to GRs within the District. Also, the DR may choose to offer an orientation meeting for new GRs upon rotation. The DR is elected by the District’s GRs.

Qualifications - Members who meet the following 3 criteria are eligible to serve as District Representative: (1) is an active Al-Anon member, (2) preferably is an incoming, outgoing, current, or active past Group Representative, or if not, otherwise has service experience of sufficient scope that they possess the qualifications for this position and, (3) is not also a member of Alcoholics Anonymous.

District Representative for District 2 (3-year term) Middle and Southern RI includes Block Island, Charlestown, Coventry, Cranston, East Greenwich, Exeter, Foster, Hopkinton, Narragansett, North Kingstown, Richmond, Scituate, South Kingstown, Warwick, West Greenwich, West Warwick, and Westerly.

FORUM ARTICLE:

Beauty Inside and Out

Recently, I was preparing to move to a new state and had to decide what to keep and what to donate to charity. I had some old beds in storage that had not been used since I was a teenager in my alcoholic home. I decided I would use these beds in my new home, and I began to fix them up for use in a new place.

As I was cleaning and shining the parts of the bed frames, a certain joy came to me. Recovering the beauty of those beds reminded me of how Al-Anon has recovered the beauty that was hidden inside of me. As a child of an alcoholic mother, I grew up in a traumatic environment full of yelling, financial difficulties, criticism, and judgement that left me full of shame. My response while growing up was to try to be perfect and to never ask for anything. With friends and neighbors, I tried to hide my shame and never show my hurt or confusion. It was a dishonest life where it was safer not to share my real self.

I have been a member of the Al-Anon program for many years and have uncovered many of my unhealthy responses to living with an alcoholic. I have also learned that alcoholism is a disease that cannot be cured by my wishing or hoping, or by my hating the person with the disease. I found that sharing my truth in Al-Anon meetings was safe and healing. Working with a Sponsor taught me many important lessons. I learned that an alcoholic’s behavior was not my fault. I also learned that a Higher Power exists for me, and forgives me for the misguided behaviors of my past that harmed myself or others. Today I feel free of shame. It has been replaced with compassion and even love for a mother who was just doing the best she could with a terrible disease. I have learned to live and create my own life.

Now those lovely beds have a second life in a home with recovery. They look beautiful. I am older now, but inside I feel beautiful too. Making the choice to attend Al-Anon was the most rewarding thing I have done in my life. I plan to be a member forever.

By Laura D., Nevada The Forum, April 2021

(Reprinted with permission of The Forum, Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA).
$ HOW YOU CAN HELP RIAFG AND WSO $

SOAR WITH THE WINNERS

TRADITION SEVEN: EVERY GROUP OUGHT TO BE FULLY SELF SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS."

Thank You for your continued support during these unusual times!
Whenever possible, please send donations to our RIAFG and WSO
It takes all of us to keep the “doors” of Al-Anon open to all who need it.
Donate either personally or through your home groups.

Send donations to RIAFG:
RIAFG **When you send in donations from your group, include the group number or the group name.**
106 Rolfe St.
Cranston, RI 02910
Make a donation to the World Service Office online at
https://al-anon.org/contributions/
or by sending a check to: AFG Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454

NEWS FROM THE WSO:

Stock Up Professionals with Al-Anon Materials

Professionals are still meeting with clients who could benefit from Al-Anon recovery. Do you have any public outreach pamphlets, bookmarks, or Al-Anon Faces Alcoholism (AFA) magazines lying around? Donate them to local counselors, institutions, libraries, senior centers, community centers, or anywhere people go for help, growth, or social interaction. That one piece sitting in your house or in the group literature box just might save a life—all you need to do is let it go.

Now You Can Read The Forum Online!

Did you know Al-Anon’s monthly magazine is available to download on your tablet, smart phone, or computer? One advantage the electronic version offers is the ability to enlarge text and images for easy reading on most devices. Why wait for the mail when you can order current and past issues of The Forum online from your electronic media provider?
Making Room for a Better Tomorrow

The Just for Tonight Bookmark (M–81) offers thoughtful reflections on Al-Anon principles to help prepare for a peaceful, restful night. It serves as a perfect companion piece to Al-Anon’s classic Just for Today Bookmark (M–12).

“Just for tonight, . . . I will look forward to awakening to the new day, feeling rested and ready to follow my Higher Power’s guidance.” From the Just for Tonight Bookmark (M–81)

Now available from your local Literature Distribution Center or order online.

The Annual Alateen Recertification Deadline is June 15, 2021!

Every year, each Area in the World Service Conference Structure is required to take part in the Annual Alateen Recertification process in order to continue to use the Alateen name. This is explained in the 2003 Alateen Motion from the Board of Trustees and the policy for Alateen. Both are found beginning on page 93 of the 2018-2021 Al-Anon/Alateen Service Manual (P-24/27), version two (2).

The recertification process is two-fold:
1. To verify that every registered Alateen group has current certified Al-Anon Members Involved in Alateen Service (AMIAS):
   • as Group Sponsor(s)
   • as the Current Mailing Address (CMA) to the Alateen group
   • as a Phone Contact for the Public for the Alateen group
2. To verify the current certification of all AMIAS

We are requesting that all Areas complete the Alateen recertification by June 15, 2021!

This allows the WSO to verify that the Area recertification is complete by June 30.

Contact your Area Alateen Coordinator, Area Alateen Process Person, or District Representative to verify the process in your Area. Don’t miss out on this opportunity to share your recovery with teens and younger members!

The Al-Anon Membership Survey Is Coming!

Historically, this is the time of year when the World Service Office (WSO) would be kicking off the 2021 Al-Anon Membership Survey; but this year, we are revamping the survey. Our goal is to “Keep It Simple” while still collecting the appropriate evidenced-based data which will help professionals in their decision to refer their patients/clients to Al-Anon. So, to provide a more simplified and streamlined survey, the WSO needs a little more time. The survey will be coming this summer and will be open to all Al-Anon members and newcomers aged 18 and older.

How Has Al-Anon Literature Helped You?

Please share how Opening Our Hearts, Transforming Our Losses (B-29), Al-Anon’s Twelve Steps & Twelve Traditions (B-8), Living Today in Alateen (B-26), or Discovering Choices — Recovery in Relationships (B-30) have helped you. Send your sharings by May 15 to The Forum, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, Attention: “CAL Corner”; at wso@al-anon.org with “CAL Corner” in the subject line; or at al-anon.org/forumshare.

WSO Director of Programs

The WSO Programs Department, which is most directly responsible for interacting with members and groups within the WSC Structure and groups and structures across the globe, is looking for a new Director beginning September 2021. The Director of Programs position is essential to ensuring our Core Value—Spiritually based: adhering to our Legacies—is achieved within the WSO and encouraged and supported throughout the fellowship. Interested? For more information, check the al-anon.org website.

Mobile Serenity

Searching for tranquility? Consider adding “mobile serenity” to your gratitude list by subscribing to the premium content in the Al-Anon Family Groups mobile app. In doing so, you will receive a year’s worth of “Today’s Reflection” entries, thus ensuring daily bursts of easily accessible serenity while on the go. This can be an especially welcome resource throughout the year!
STEP FIVE: Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

TRADITION FIVE: Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

CONCEPT FIVE: The Rights of Appeal and Petition protect minorities and assure that they be heard.

WEB Sites, Addresses and phone numbers:

RI AFG: www.riafg.org  Office: 106 Rolfe St., Cranston, RI 02910  Telephone: 401-781-0044. Office hours available by calling this number.


God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference

Photo by T.H.