I know my home group really well now. They're wonderful, welcoming fellows to everyone who comes through the door. I felt loved from the first meeting. I was traveling recently and felt like I needed a meeting, so I started a Google search and found some listings.

I showed up on time to one meeting location -- no one was there! I got a very nice tour of an empty church from the pastor who was working late. He didn't know why they weren't holding meeting that night. But, there was another meeting starting soon only a few miles away, so, back in the car I went.

There was that brief moment of awkwardness when I walked in for the first time. But I just knew they were Al-Anon, and they knew I was, too (how do we know? We just do). They did the opening steps a little differently, but that made me pay attention a little more. I got experience, strength, and hope in a slightly different way, but I still got it!

So many welcoming faces, so many stories in an hour. I was thousands of miles from home but in that Al-Anon room, I was home. I saw myself in every person. They listened to me and I listened to them. I walked out feeling loved.

If you haven't been to a new meeting lately -- or any meeting lately! -- check out the list at www.riafg.org. We work hard to keep it updated for you! If you're a newcomer, try at least six meetings before you choose a home group. If you're a veteran Al-Anon member, try a new place in-person or online!

Want to help us share the Al-Anon love with many as possible? Come to our Spring Assembly on June 4 in Tiverton! Lots of fellowship, lots of learning, lots of love! More info in this newsletter.

Gratefully in service,
Eden C., Lifelines Editor lifelines.riafg@gmail.com
Upcoming Events

May 22: "Serenity On Sunday" 3rd Anniversary, Middletown RI 5pm

June 4, 2022: RIAFG Spring Assembly at Amicable Church, 9am -3pm
3736 Main Road, Tiverton RI.

STEP FIVE

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

TRADITION FIVE

Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

CONCEPT FIVE

The rights of appeal and petition protect minorities and insure that they be heard.
Serenity On Sunday Anniversary

“Serenity on Sunday”
Sunday, May 22, 2022
YANA Clubhouse 770 Aquidneck Ave
Middletown, RI 02842
5 PM Pot Luck
6 PM Showing of Documentary Film
“What Lois Remembers”
Contact Beth with Questions
401-523-1653

FREE DOWNLOADS!
So much to read, print, and share!

Click to: al-anon.org/for-members/members-resources/literature/downloadable-items/
RI SPRING ASSEMBLY

EMERGENCE

June 4, 2022 at 9:00 – 3:00p
Amicable Congregational Church
3736 Main Road • Tiverton, RI 02878

Registration donation $5 per group

Area Business:

Delegate’s Report from WSC
New! Electronic Group Discussion
Vote New Service Positions
Vote in a District Rep

The Assembly is now in-person only!
Breakfast items and beverage will be available; but lunch is BYOB (bring your own bag)
Directions to Amicable Congregational Church

From Points North and West Bay:

- Make your way to **Route 195 East**
- Take **exit 14A for MA-24 South** towards Tiverton/Newport
- After about 4 miles, take **exit 5 for Fish Road**. Keep left at the fork, follow signs for Fish Road. Turn left onto Fish Road.
- At the end of Fish Road, **turn right onto RI-177 West (Bulgarmarsh Rd)**
- At the end of RI-177 (Bulgarmarsh Rd), **turn left onto RI-77 South (Main Road)**
- Drive almost 3 miles and church will be on your left. It is preceded by a road sign on the right that says “Church”.

From East Bay / Aquidneck Island:

- Make your way North or West to **RI-24 North**
- Take **exit 4 and bear right at the light onto RI-77 South (Main Road)**
- Drive about 5 miles, and church will be on your left. It is preceded by a road sign on the right that says “Church”.

From South County:

- Make your way to **RI-138 East**
- Take RI-138E over Jamestown and Newport Bridges
- Use the left lane to **merge onto RI-138/RI-138A/RI-238 toward RI-114/RI-24/Middletown/Portsmouth**
- Turn **left onto RI-138/Admiral Kalbfus Rd** (signs for RI-114)
- Turn **left onto West Main Road**
- After about 7 miles, use the right lane to take the **RI-24 N ramp towards I-195/Fall River/Providence**
- After about 4 miles, take **exit 4 and merge onto RI-77 South (Main Road)**
- Drive about 5 miles, and church will be on your left. It is preceded by a road sign on the right that says “Church”.

Parking: 2 Parking Lots & 1 Roadside

- Coming from the North the **1st driveway** leads immediately into an upper parking lot in front of the building entrance. Some spots will be reserved for Assembly attendees.
- If you drive South past the church, there is a **2nd driveway** on the left into a gravel parking lot.
- If both lots are full, you can park on the **shoulder of Main Road**.
SPRING ASSEMBLY AGENDA
 June 4, 2022

Location: Assembly at Amicable Church, Tiverton

9:00 – 9:30  Registration / Check-in

9:30 – 10:00  OPENING/WELCOME
- Moment of silence followed by the Serenity Prayer
- Read Steps/Traditions/Concepts/Warranties
- What is an Assembly
- Assembly Etiquette
- Roll Call/Introductions

10:00 – 11:00  AREA BUSINESS
- November 15, 2021 Assembly Minutes
- Date and location of Fall Assembly – District
- Workshop Presentation – Julie
- Affirmation of Interim Officers and Coordinators
  - Literature Coordinator - Wendy
  - Lifelines Editor - Eden
  - Archive Coordinator - Anna
  - Group Records Coordinator - Phyllis
- Open Area Positions
  - Alternate Delegate
  - Area Secretary
  - Alateen Coordinator
  - Alateen Process Coordinator
  - AA Liaison
  - Email Coordinator
  - Workshop Coordinator 2022

11:00 – 11:15  BREAK

11:15 – 11:30  TREASURER’S REPORT

11:30 – 12:30  DELEGATES REPORT

12:30 – 1:30  LUNCH (brown bag, bring your own)
District Meetings, DR Election Caucuses

1:30 – 2:00  AREA ELECTIONS

2:00 – 3:00  ELECTRONIC GROUP TASK FORCE
Report, Discussion

3:00 – 3:30  Questions – Coordinator Reports
Public Outreach
Forum Raffle

3:30  CLOSING
- Motion to adjourn
- Closing prayer and Al-Anon Declaration
RIAFG Literature News

Hello Groups -- This is Wendy H., your Area Literature Coordinator!
If your group is needing Literature soon, another way to order it is to plan to **pick it up at the Area Assembly on June 4!!** Just email me at Literature.riafg@gmail.com, and you can pay for it and pick it up at the Assembly.
Please email me by June 1, and I will have it ready for you.
In Service, Wendy H.

**How to order Literature from the RI Literature Distribution Center**

1. Mail in the literature request form along with a check to: RIAFG, 106 Rolfe St., Cranston, RI 02910. Or . . .

2. Print the request form from www.riafg.org. Click on “Literature.” Scroll down to “Order Form,” click on it and print it out. To see the catalog of literature, click on “View Catalog.” Fill in the form with the literature you want, the unit price, the quantity of that literature and the total amount for that literature. Once the form is complete, add up the totals.

**If you are requesting that the literature be mailed to you, there is a shipping and handling charge of 8% of the total of the order or $5.00, whichever is greater.** Include a check for the full amount, the name and address to ship it to, and a phone contact in case the office has any questions.

**If you are picking up the order, mail the order form to RIAFG, then call the office at 401-781-0044.** Be sure to include on the form a contact name and phone number. Speak with whoever is in the office or leave a message. You can include a check for the total or pay when you pick up. Especially if it is a large order, mailing it ahead of time gives the office volunteer the time to put the order together and notify you of any problems.

Please note that if you are requesting only a few items, and you want to do pick up, you may call the office with the info.
Gratefully in service, Elaine H., Office Coordinator
SERVICE OPPORTUNITY!
Many Rhode Island Al-Anon members have requested the hours of operation for our Cranston office and literature distribution center. Volunteers are needed to make this possible.

Below is a sampling of the hours when the office could be available to you - our Rhode Island Al-Anon Family Group. Office volunteers greet callers and visitors, who are usually coming for literature. They retrieve recorded messages, return calls and record them in our log. Volunteers open and distribute mail, and fill literature orders for in-person purchasers. Shifts are only a few hours long. Also listed is who is already working and when.

**Monday:** Flexible AM and Early afternoon 6:00 PM to 8:00 PM (Dennis)
**Tuesday:** Flexible AM and Early afternoon 6:00 PM to 8:00 PM (Dennis)
**Wednesday:** 10:00 AM to 2:00 PM, 5:00 PM to 8:00 PM
**Thursday:** 10:00 AM to 2:00 PM, 5:00 PM to 8:00 PM (Elaine H.)
**Friday:** 10:00 AM to 2:00 PM, 5:00 PM to 8:00 PM
**Saturday:** 10:00 AM to 1:00 PM, 2:00 PM to 5:00 PM

The above are just my ideas. If you want to volunteer for a different schedule, please let me know. Also, if you want to work in the office with another person, that person needs to be an Al-Anon member.

**Please always call the office to confirm that there is a volunteer working** (I plan on Thursdays). To volunteer please call our office at 401-781-0044 or email me at office.riafg@gmail.com.

Gratefully in Service, Elaine H., RIAFG Office Coordinator
RIAFG: Current ASWC Officers & Coordinators

RIAFG AREA WORLD SERVICE COMMITTEE
CONTACT INFO

Delegate: Cindy B. delegate.riafg@gmail.com
Chair: Barbara H. chair.riafg@gmail.com
Treasurer: Terry L. treasurer.riafg@gmail.com
Archives Coordinator Anna P. archives.riafg@gmail.com
Forum Coordinator Ann H. forum.riafg@gmail.com
Group Records Coordinator records.riafg@gmail.com
Lifelines Editor Eden C. lifelines.riafg@gmail.com
Literature Coordinator Wendy H. literature.riafg@gmail.com
Office Coordinator Elaine H. office.riafg@gmail.com
Public Outreach Coordinator Jackie W. outreach.riafg@gmail.com
Website Coordinator Kim C. webmaster.riafg@gmail.com

OPEN AREA POSITIONS

AREA Secretary
AREA Alternate Delegate
District 1 Rep
District 2 Rep
District 3 Rep

AA Liaison
Alateen Process Person
Alateen Coordinator
Email Coordinator
2022 Workshop Coordinator

To learn more about open positions, attend our monthly meeting (information at riafg.org calendar) and/or contact any coordinator!
RIAFG Service Tree -- how it works

RIAFG MEMBER SERVICE SUPPORT STRUCTURE

GROUPS

- # in RI
  - 9 # in District 1
  - 15 # in District 2
  - 9 # in District 3

Serves members within the groups

Group Representative serves as liaison between the group’s district and Area

DISTRICTS

(3 in RI)
- 1 = 11 Cities in Northern, RI including Providence
- 2 = 17 Cities in West Bay, Western and Southern, RI
- 3 = 9 Cities in East Bay, RI

Districts serve groups within the area and attends area Assemblies

RI is Area #49
Our office is at
106 Rolfe Street
Cranston, RI

Coordinates all services within RI, including finances, literature distribution center, telephone service, website maintenance, organizes assemblies

Area Delegate serves as a liaison between the area and the World Service Office

WORLD SERVICE OFFICE

WSO
Virginia Beach, VA

Services areas, groups, and members in US, Canada, Puerto Rico, and Bermuda
Your willingness to do so may attract people to our program.
Please ask for permission at grocery stores, libraries, community centers,
laundromat, mental health facilities, etc.
Thank you!

Do you worry about how much someone drinks?
More than half of all adults have a family history of alcoholism.

**AL-ANON & ALATEEN CAN HELP**

Rhode Island Al-Anon/Alateen
106 Rolfe St. Cranston, RI 02910
401.781.0044 | www.riafg.org |
"Where can I find a meeting?"

The current list of meetings is available at [www.riafg.org](http://www.riafg.org).

The current In-Person/Hybrid and On-line/Phone meetings lists and coronavirus updates can be found on under the “AL-ANON MEETINGS’ tab.

Click on “MEETING LISTS.

***Please check on line for meetings that fall on holidays***

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Stay on the beam & in the know.

Download the AFG Mobile App today!

It's easy! Simply subscribe to the Premium Content on the Al-Anon Family Groups Mobile App to receive an additional boost of recovery each day. The Premium Content includes a daily sharing on a Step, Tradition, Concept, slogan, feeling, or another thoughtful topic to reflect upon throughout your day.

By subscribing to the Premium Content, you will receive a year’s worth of entries, thus ensuring daily bursts of easily accessible serenity while on the go.

Go to [www.al-anon.org/mobileapp](http://www.al-anon.org/mobileapp) to get the app.
The Annual Alateen Recertification Window: Deadline Approaching

Every year, each Area in the World Service Conference Structure is required to take part in the Annual Alateen Recertification process in order to continue to use the Alateen name.

This is explained in the 2003 Alateen Motion from the Board of Trustees and the policy for Alateen. Both are found beginning on page 93 of the 2018-2021 Al-Anon/Alateen Service Manual (P-24/27), version two (2).

The recertification process has two goals that verify:

1. Every registered Alateen group has currently certified Al-Anon Members Involved in Alateen Service (AMIAS) as Group Sponsor(s) as the Current Mailing Address (CMA) as a Phone Contact for the public

2. The current certification of all AMIAS

We are requesting that Areas complete the Alateen recertification by June 15, 2022!

Contact your Area Alateen Coordinator, Area Alateen Process Person, or District Representative to verify the process in your Area.

Don’t miss out on this opportunity to share your recovery with teens and younger members!
Please consider giving back by volunteering for hours in the office or as a volunteer from your home. Both positions have training.

**Office volunteers responsibilities:**
Greet anyone who calls the office.
Greet visitors to the office. They are usually coming for literature.
Retrieve recorded messages, return calls and record them in our log.
Open and distribute the mail.
Fill literature orders for in-person purchasers.

**At-home volunteers responsibilities:**
Access the Al-Anon voicemail account from their home phone, retrieving messages.
When a caller leaves message & a number, the at-home volunteer calls them back.
Mailing a meeting list or referring the caller to riafg.org.
Keep a brief written log of calls returned & communicate with the Office Coordinator.
To volunteer or request more information, please email: office.riafg@gmail.com.

Gratefully in Service, Elaine H., Office Coordinator
TRADITION SEVEN: EVERY GROUP OUGHT TO BE FULLY SELF SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS.

Thank You for your continued support! Whenever possible, please send donations to our RIAFG and WSO. It takes all of us to keep the “doors” of Al-Anon open to all who need it. Donate either personally or through your home groups.

Mail your donations to RIAFG:
RIAFG, 106 Rolfe St., Cranston, RI 02910
**When you send in donations from your group, include the group number or the group name.***

Make a donation to the World Service Office online at https://al-anon.org/contributions/
Mail donates to WSO:
AFG Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454
Contact Us

CONTACT RIAFG

www.riafg.org
106 Rolfe St.
Cranston RI 02910
401-781-0044 Office hours available by calling this number.
Send your Lifelines announcements to lifelines.riafg@gmail.com

CONTACT WSO

www.al-anon.org
1600 Corporate Landing Parkway
Virginia Beach, VA 23454
757-563-1600

God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to see the difference.