



Al-Anon Family Groups
Help and hope for families and friends of alcoholics

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Dear World Service Conference members,

The 2018 Membership Survey responses from a record-breaking 13,395 Al-Anon members have been tallied. Attached is the final report. We are grateful to the Al-Anon members who took the time to complete the World Service Office's (WSO's) twelfth membership survey.

As you review the results, please consider:

- A survey is a snapshot or environmental scan of its participants for a specific period of time (January 10, 2018 to February 27, 2018).
- The purpose of the survey is to provide professionals with evidence-based demographics and data about Al-Anon members. This information can increase their awareness of the effectiveness of our program and encourage them to refer clients and patients to us.
- Some questions were asked in a new and different way in the 2018 study. Comparison of results and responses to the same questions in previous membership survey reports would not be statistically accurate.
- Members who participated in the 2018 study are predominantly English speaking.
- The average age of female Survey participants was 61; women accounted for 85% of all Survey respondents.
- The report is only available in English because its results are primarily relevant to professionals serving English-speaking clients.
- The 2018 Survey study is designed to present a big picture of the Al-Anon fellowship.

Examples of new information:

- 76% of the members with 0 to 1 years of continuous Al-Anon attendance report improvement in their mental health
- 56% of the Survey participants were 25–48 years old when they first attended Al-Anon
- Approximately 7 in 10 members have been affected by alcoholism that spans 2 or more generations
- 58% of the members reported attending 2 or more meetings per week
- More than 1 in 4 members first heard about Al-Anon from a professional
- 78% of the Survey participants have sought professional counseling or therapy

The 2018 Membership Survey report will be posted on the WSO website, al-anon.org/surveyresults

Feel free to contact the WSO Associate Director—Professionals, claire@al-anon.org or WSO Associate Director—Digital Strategy, scot@al-anon.org if you have any questions about the report or a specific finding.

Thank you for the communication you provided to members in your Areas. Your assistance encouraged the fellowship to participate in the 2018 Membership Survey.

Yours in fellowship,



Vali Fayen
WSO Executive Director