



SERVICE HELPS INTRODUCE NEW EXPERIENCES

Expand your world from self care to service

Focus on giving back

Put gratitude into action

Grow beyond your comfort zone

Learn something new

Just as in recovery, you are not alone

Help in a healthy manner

Work Step 12 - carry the message

Share your experience, strength and hope

Experience the Traditions and Concepts of Service

Don't wait for someone else to do it - Be the someone who steps up.

Rhode Island Al-Anon needs you!

To volunteer now and/or get more information about these service positions,
email: lifelines.riafg@gmail.com.